Welcome New Members

Nicki Grupka, Milton and Sara Peddy cord, Tiffany Ramseur, John Rosette, Sharon Watson

Membership Renewals Due

Renew your membership just in time to sign up for next year’s Ski Vacation to Breckenridge, Colorado! Single membership is $25 and $40 is for a household.

Update: W-SSOC Breckenridge’13 Ski Vacation, January 26 – February 2, 2013

We have 32 participants and need one more pair and one single female to fill a condo. We are holding 40 air seats and 40 lodging spaces. Get your space now: send $646 first and second payments and trip application to Ken Lumsden, Trip Administrator, 3050 Grady St., W-S, NC 27104. The 3rd payment $300 is due September 20 and 4th/final payment of $300 is due on October 18, 2012. Contact Ken at ken@wssoc.org for additional details. Get Trip Application and Trip Description from the W-SSOC website www.wssoc.org/Trips.

Can’t Go to Breckenridge?

The Crescent Ski Council is offering two alternatives: the Steamboat Race & Instruction Camp, December 1-8, 2012 and Crested Butte, CO January 12-19, 2013. Sara Clemons, of Sports America Tours, reports for Steamboat: “We have 115 participants registered to date. We still have spots in all lodging options available.” Air is available on request from multiple cities. For Crested Butte, Sara reports: “We have about 90 people signed up to date. (We) have plenty of availability in both Plaza Condos and at The Grand. We have group air from Greensboro into Gunnison for $434.50 on “American Airlines”.

For additional details, W-SSOC members whose membership is current (i.e., renewed for 2012-2013), may contact Ken Lumsden ken@wssoc.org or Sara Clemons sara@sportsamerica.com.

Renew your membership!
President’s Point

Fall is in the air, but we still have plenty of outdoor activities on the calendar.

The last leg of the New River Trail Challenge is on the 8th, bike rides around Salem Lake continue on Tuesdays throughout the month and we have a picnic/hike at Doughton Park on the 15th.

Keep up those outdoor activities to get those ski legs in shape. It will be Breckinridge time before we know it! — Tree

Canoe/Kayak on the Yadkin River, Picnic at Ken Putnam’s

**Sunday, September 23**

When asked to host the W-SSSOC monthly meeting, Ken Putnam, owner of Ken’s Bike Shop, had a better idea: “Let’s float on the Yadkin and come to my house for a picnic” and we said, “We’re IN!” The river trip is easy going for about 12 miles from Rockford to Ken P’s house and will take about 4 hours.

– Bring your own boat OR arrange to rent from Yadkin River Adventures (Rockford). We get a discount if we reserve 10 or more boats and make a single reservation for all boats. Contact Ken Lumsden ken@wssoc.org to choose kayak or canoe and get pricing details.

– Meet at Ken P’s by Noon

– Shuttle from Ken P’s to YRA. Let us know when you RSVP if you will be bringing your own boat to Ken’s and we will arrange to shuttle it to Rockford.

– Float/paddle for 12 miles down river;

– Picnic at Ken P’s. Bring a covered dish to share (you can leave it at Ken’s for safe-keeping!); W-SSOC will provide beer, wine, soft drinks, water and eating utensils;

– If you don’t want to float/paddle, you can come just to hang out early or just come for the picnic.

– Open to W-SSOC regular members only.

– RSVP required by Thursday, September 20, to obtain directions to Ken P’s house, and other info. RSVP to Ken Lumsden ken@wssoc.org or (H) 336-768-2851.

REPORT FROM Thursday, August 16

Club Meeting at Green Gate Olive Oil

This month’s club meeting was held at Green Gate Olive Oils. The manager, Brandon McDaniel, gave a demonstration and showed the proper sampling technique to get the most out of the hundreds of olive oils and bal-
samic vinegars featured at the store. The 18-year aged balsamic with the Tuscan olive oil was a favorite along with several fruit-flavored varieties and savory oils sure to spark one’s imagination for unlimited new recipes. Several members signed up for the cooking classes that the shop sponsors.

New Member, Nicki Grupka participated along with Robyn Bilfelt, Leanne and Mike Brendle, Tree Bright, Tammy Cooper, Ken and Kathy Furr, Darla Goldfuss, Myriam Griffin, Ron Palm, Charles Reeves, Mike Shipko, Don and Deni Stewart, Karen Vohs and George Wunker.

REPORT FROM August 24-26
Trip to Tsali Recreation Area

We had perfect weather for our trip to Tsali and all agreed that this destination warrants a three-day weekend. Historically, this trip has been more of a mountain biking event, with rides on the trails at Tsali and occasional hikes on nearby trails.

This year the activities expanded to include more water sports. Don & Lynn Miller came for the day on Saturday, and Don & Deni Stewart were there for the weekend. All paddled their kayaks on the flatwater of Fontana Lake. Ronnie Jones rented a motorized skiff and, along with Tammy Cooper, went all the way to Fontana Dam and back on Saturday, for a total round trip of over 60 miles.

The mountain bikers got in plenty of riding. Ronnie, Ken Lumsden and Randy Reavis rode on the Left Loop on Friday afternoon. Ronnie snagged his chain on a stump, resulting in two twisted links, which made it impossible to pedal all of the way back. Doug Kon had a head-on collision with another fast-riding cyclist and came away with stitches and a cracked bike frame – which put him out of commission for the rest of the weekend.

On Saturday morning, Leanne Brendle worked on her quilting project while Pat Lumsden enjoyed her favorite book and Ken, Randy and Mike Brendle rode a lap on Thompson Loop.

Saturday evening, Leanne revealed part of the secret of her grilling arts with her veggies and thick-cut pork chops: Goya brand “Adobo” seasoning! Mmmm—mmm—good! The evening was capped off with hand-cranked vanilla ice cream (another of Leanne’s secret recipes.)

On Sunday morning, several of us decided to head over to Joyce Kilmer and hiked the old growth forest.

Ken & Pat and Mike & Leanne capped the weekend with excellent BBQ at Butch’s on US64 in Morganton and made it back home to Winston-Salem just before dark.

REPORT FROM SUNDAY, August 18
Canoeing/Kayaking on the New River

Last year, RiverCamp USA shuttled us upstream and we paddled back downstream to end at their campground in Piney Creek. This year, we started at Piney Creek and paddled downstream over the NC/VA line to end in VA – 10 miles and 4-1/2 hours later. We scraped bottom in a few places, but, unlike last year, no one capsized or got swamped! Ken & Pat Lumsden and Mike & Leanne Brendle paddled tandem canoes; Tree Bright, Margo Cooper, Tammy Cooper, Stacey Cooper, Darla Goldfuss, Myriam Griffin, Linda Neighbors, Charles Reeves, John Rosette, Karen Vohs and Sharon Watson paddled kayaks. John demonstrated “The Eskimo Roll” for those paddling enclosed kayaks. Here’s a tip for mastering the maneuver: snap your hips to begin to right your boat BEFORE your head comes up out of the water. See John for details!
## 2012 Calendar: What’s Happening

### September 2012

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event</th>
<th>Meeting Place</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Tue</td>
<td>5:45 PM</td>
<td>Bike Ride on Salem Creek Trail around Salem Lake and back</td>
<td>Tennis Courts on Salem Ave. by the Southern Roundabout, S of Old Salem</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>5</td>
<td>Wed</td>
<td>7:00 PM</td>
<td>Board Meeting</td>
<td>OLA Designworks, 844b W. 4th St.</td>
<td>Tree Bright</td>
</tr>
<tr>
<td>6</td>
<td>Thurs</td>
<td>6:00 PM</td>
<td>Tanglewood Walk</td>
<td>Parking lot just past the Lybrook/Adm Bldg</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>8</td>
<td>Sat</td>
<td>9:00 AM</td>
<td>Bike Ride: New River Trail Challenge 2012</td>
<td>Parking Lot at Sams on University Pkwy near the gas pumps</td>
<td>Tree Bright</td>
</tr>
<tr>
<td>11</td>
<td>Tue</td>
<td>5:45 PM</td>
<td>Bike Ride on Salem Creek Trail around Salem Lake and back</td>
<td>Tennis Courts on Salem Ave. by the Southern Roundabout, S of Old Salem</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>15</td>
<td>Sat</td>
<td>10:00 AM</td>
<td>Picnic/Walk at Doughton Park, Blue Ridge Parkway</td>
<td>The Oaks Shopping Center, Lewisville (US421 North, Exit #244 Williams Rd/Lewisville</td>
<td>Karen Vohs</td>
</tr>
<tr>
<td>18</td>
<td>Tue</td>
<td>5:45 PM</td>
<td>Bike Ride on Salem Creek Trail around Salem Lake and back</td>
<td>Tennis Courts on Salem Ave. by the Southern Roundabout, S of Old Salem</td>
<td>Pat Lumsden</td>
</tr>
</tbody>
</table>
| 19   | Wed | 6:00 PM & 7:45 PM | Subs & Show  
*Best Little Whorehouse in Texas* | Bob’s Big Gas Subs & Pub (“the Subs”) & Theatre Alliance (“the Show”). RSVP to pat@wssoc.org. Contains adult language/subject matter and nudity | Pat Lumsden |
| 20   | Thurs | 7:00 PM | Club Meeting | Adventure Landing  
Stratford Road | Tree Bright |
| 23   | Sun | Noon | Picnic/Canoeing/Kayaking on the Yadkin | Meet at Ken Putnams  
RSVP to Ken Lumsden for directions Ken@WSSOC.ORG or H-768-2851 | Ken Lumsden |
| 25   | Tue | 5:45 PM | Bike Ride on Salem Creek Trail around Salem Lake and back | Tennis Courts on Salem Ave. by the Southern Roundabout, S of Old Salem | Pat Lumsden |
| 27   | Thurs | 6:00 PM | Tanglewood Walk | Parking lot just past the Lybrook/Adm Bldg | Pat Lumsden |
| 28   | Fri | 6:00 PM | Last Friday Social | Wine Merchants on Stratford Rd  
Towers Shopping Center | Myriam Griffin |
<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event</th>
<th>Meeting Place</th>
<th>Leader</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Wed</td>
<td>7:00 PM</td>
<td>Board Meeting</td>
<td>Bib's Downtown, 5th St</td>
<td>Tree Bright</td>
</tr>
<tr>
<td>6</td>
<td>Sat</td>
<td>6 - 11 PM</td>
<td>12th Annual Fun’d Raising Dinner benefitting Leukemia &amp; Lymphoma Society Chicken Stew with all of the trimmings.</td>
<td>The Rumberger Barn 361 Stanford Church Road, Siloam, NC 27047. Contact Kathy Smith @ 336-970-1164</td>
<td>Kathy Smith</td>
</tr>
<tr>
<td>7</td>
<td>Sat</td>
<td>8:00 AM</td>
<td>Tiger Rescue, Shopping and lunch in the town of Pittsboro</td>
<td>Tiger Rescue Tour, lunch and shopping in the town of Pittsboro, $15.50 per person (approximately 2 hours) 10AM or 1PM. Contact <a href="mailto:jayne@wssoc.org">jayne@wssoc.org</a> for more information.</td>
<td>Jayne Warbinton</td>
</tr>
<tr>
<td>9</td>
<td>Tue</td>
<td>5:30 PM</td>
<td>Bike Ride on Salem Creek Trail around Salem Lake and back</td>
<td>Tennis Courts on Salem Ave. by the Southern Roundabout, S of Old Salem</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>11</td>
<td>Thur</td>
<td>6:00 PM</td>
<td>Walk at Muddy Creek Trail</td>
<td>Meet at the parking lot off of Meadowlark Rd., near Meadowlark Middle School.</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>13</td>
<td>Sat</td>
<td>9:00 AM</td>
<td>Hike Tanawha</td>
<td>The Oaks Shopping Center in Lewisville</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Thur</td>
<td>7:00 PM</td>
<td>Club Meeting</td>
<td>Diamond Back or Outdoor Provision Company</td>
<td>Tree Bright</td>
</tr>
<tr>
<td>24</td>
<td>Wed</td>
<td>6:00 PM &amp; 7:45 PM</td>
<td>Subs &amp; Show</td>
<td>Bob's Big Gas Subs &amp; Pub (“the Subs”) &amp; Theatre Alliance’s presentation of “Rocky Horror Picture Show” (“the Show”). RSVP to <a href="mailto:jayne@wssoc.org">jayne@wssoc.org</a>. contains adult language/subject matter and nudity.</td>
<td>Jayne Warbinton</td>
</tr>
<tr>
<td>25</td>
<td>Thur</td>
<td>6:00 PM</td>
<td>Walk at Muddy Creek Trail</td>
<td>Meet at the parking lot off of Meadowlark Rd., near Meadowlark Middle School.</td>
<td>Pat Lumsden</td>
</tr>
<tr>
<td>26</td>
<td>Fri</td>
<td>6:00 PM</td>
<td>Last Friday Social</td>
<td>Diamondback Grill 751 North Avalon Road</td>
<td>Myriam Griffin</td>
</tr>
</tbody>
</table>
**Picnic on the Parkway at Doughton Park**

Saturday, September 15, 2012

Pack your picnic basket, bring a blanket and come to the mountains for a relaxing afternoon. Doughton Park, located at Mile Post 241 on the Blue Ridge Parkway, offers open meadows with shade trees and rock outcroppings great for spreading your blanket and enjoying the mountains. For those that want a little exercise, Bluff Mountain, Wildcat Rocks and Fodder Stack are modest trails that offer scenic vistas within in short hiking distances of the meadow.

This outing is family friendly and suitable for kids of all ages. We’ll meet at the Oaks Shopping Center in Lewisville for a 10:00am departure. This will get us to the park around 11:30 so we’ll have plenty of time to scout the best picnic site before lunchtime. To get to the Oaks, take exit 244 off of US 421 and turn right at the top of the ramp. The shopping center is on the corner of Williams and Shallowford Roads.

A map of the park is available at [link](http://www.virtualblueridge.com/maps/doughton-park-trails.asp). For more information contact Karen Vohs at karen@wssoc.com.

**Sub and Show, Best Little Whorehouse Goes Public**

Theatre Alliance Winston-Salem

Wednesday, September 19

6:30pm Sub, 8:00pm Show

The I.R.S. has seized a Nevada brothel in lieu of millions...
in back taxes and brought in Miss Mona to recover that big chunk of money. The spirited songs are witty and delightful, and loaded with laughs. Some adult situations and nudity. Don’t forget to sign up! Contact Pat Lumsden (pat@wssoc.org) for more information.

🎉 12th Annual Fun’d Raising Dinner 🎉
**Saturday, October 6, 6pm – 11pm**
Party for a cure benefiting Leukemia & Lymphoma Society.

Chicken Stew with all of the trimmings, live music, hayrides & bonfire at the Rumberger Barn. All for a $10 minimum donation. Don’t miss the fun!

Go to my fund raising page at “pages.teamintraining.org/nc/trtcrw13/ksmithejkw”.

Location: 361 Stanford Church Road, Siloam, NC 27047
For more information and RSVP, contact Kathy Smith @ 336-970-1164.

🎉 All Day Trip to Carolina Tiger Rescue/Pittsboro 🎉
**Sunday, October 7, departure time 8am**
This is an all day event. The tours are held at 10AM and 1PM and limited to 25 persons ($15.50 per person).

Plan on lunch and take the rest of the afternoon shopping and listening to music in the Town of Pittsboro where retailers open on the 1st Sunday of each month from noon to 4 pm. Let Jayne Warbinton (jayne@wssoc.org) know if you are interested in going.

🎉 Rocky Horror Picture Show 🎉
**Wednesday, October 24 6:30pm sub, 8:00pm show**
That sweet transvestite and his motley crew did the Time Warp on Broadway in a 25th anniversary revival. Complete with sass from the audience, cascading toilet paper and an array of other audience participation props, this kitschy rock ‘n’ roll sci-fi goth is more fun than ever. Let’s do the Time Warp AGAIN! Some adult situations and nudity. Contact Jane Warbinton (jayne@wssoc.org) for more information.
BOARD OF DIRECTORS

Officers
President: Tree Bright ...........................................President@wssoc.org
VP Outings: George Wunker .................................... Outings@wssoc.org
VP Membership: Tammy Cooper ...............................Membership@wssoc.org
VP Publicity: Myriam Griffin ................................... Myriam@wssoc.org
Treasurer: Pat Lumsden (non-Board Officer) ................. Treasurer@wssoc.org
Secretary: Jayne Warbinton .....................................Secretary@wssoc.org

Board Members
Robyn Bilfelt
Ken Furr
Ken Lumsden

COORDINATORS
SKIER Editor: Robyn Bilfelt ......................................... Skier@wssoc.org
Facebook Coordinator: Leanne Brendle ........................ Leanne@wssoc.org
Meetup Coordinator: Myriam Griffin ......................... Myriam@wssoc.org
Webmasters: Robyn Bilfelt and Kathy Furr .................... Webmaster@wssoc.org
Food and Beverage: George Wunker and Robert Berry
Ski Vacations Director: Ken Lumsden .......................... Ken@wssoc.org
Racing Team Director: Ken Lumsden ........................... Ken@wssoc.org
Racing Team Asst Director/Comptroller: Kyle Carroll .... Kyle@wssoc.org
Crescent Representatives
  Ken Lumsden ...................................................... Ken@wssoc.org
  Pat Lumsden ...................................................... Pat@wssoc.org

CHANGE OF ADDRESS INFORMATION
Submit changes of address to Tammy Cooper
(Membership@wssoc.org) or mail them to the
address below. That way you keep your monthly
Skier coming and don’t miss a thing!

SUGGESTIONS, IDEAS & COMMENTS
Please feel free to send an e-mail to any of the
Board Members or send mail to:
WSSOC
PO Box 24304, Winston-Salem, NC 27114-4303

EDITOR’S NOTE
The WSSOC policy is to provide interesting and
factual articles concerning upcoming and past
outings to the general membership. All articles
need to be submitted by the 15th of each month
due to the time necessary to publish the newsletter. No handwritten copies please! All text should
be in a digital text format (such as MSWord or
other text program) and e-mailed (skier@wssoc.org) by
the 15th of each month. Articles after the
15th will be considered for upcoming newsletters.
The editor(s) reserve the right to refuse or edit
as necessary.

WSSOC BYLAWS
Copies of the Bylaws of the Winston-Salem and
Outing Club are available to members by con-
tacting the Membership VP.